

DEPARTMENT OF STATE HOSPITALS NAPA

2100 Napa-Vallejo Highway
Napa, CA 94558-6293



DIETETIC INTERNSHIP PROGRAM 2016

Department of State Hospitals (DSH) - Napa is a low to moderate-security psychiatric hospital. The hospital admits patients who have been referred from their home county under a civil commitment or through the courts on a forensic commitment. All patients admitted to DSH - Napa suffer from a major mental illness. Our Dietetic Internship Program is an eleven-month generalized program with a concentration on psychiatric disabilities.

The program's mission is to promote individual learning in nutrition and dietetics and advocate development of individuals who are equipped with unique skills, resources, and abilities. It seeks to provide an educational environment that acknowledges each individual's learning potential and facilitates development of marketable skills. The programs goals are:

- 1) To prepare graduates to be competent entry-level dietitians.
- 2) To provide quality training and experience in several California State institutions in an effort to encourage graduates to seek permanent employment with the State of California and the program affiliates.

Program outcome data is available upon request.

Supervised practice experience is provided in food service administration, clinical dietetics, and community nutrition. Interns have the opportunity to participate in several unique learning experiences, including providing nutrition care for adults and children with mental illness. Program affiliations contribute to expanding the knowledge and professional practice necessary to becoming a competent dietitian. Clinical affiliations include the Center for Behavioral Health, Queen of the Valley Medical Center, Sutter Solano Medical Center, North Bay Medical Center, Contra Costa Regional Medical Center, Santa Rosa Memorial Hospital and Davita Dialysis Centers. Affiliations with Napa Solano Head Start and Solano County Health Department supplement the program's community nutrition curriculum.

The DSH - Napa Dietetic Internship Program is currently granted accreditation status by the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, (312) 877-0400, extension 5400. Guided by its standards, the program is designed to provide didactic and supervised practice to meet eligibility requirements and to increase the intern's understanding of professional practice. Interns qualify to take the Registration Exam for Dietitians upon successful completion of the program.

The program is divided up as follows:

Orientation and Classes _____	3 weeks
Food Service Administration _____	7 weeks
Clinical Management _____	1 week
Clinical Nutrition _____	24 weeks
Psychiatric Long Term Care _____	8 weeks
Staff Experience _____	1 week
Acute Psychiatric Care _____	3 weeks
Acute Care _____	9 weeks
Dialysis _____	3 weeks
Community Nutrition _____	10 weeks
Women, Infants & Children (WIC) _____	5 weeks
Child Start _____	2 weeks
Food Systems _____	2 weeks
Marketing/Education _____	1 week
Elective _____	2 weeks
Vacation* _____	1 week

10 holidays are observed throughout the program

** Vacation is typically scheduled during Christmas*

CLASSES

Interns attend classes, which supplement supervised practice experience. Classes cover a variety of topics to update nutrition information, prepare for planned clinical experiences, and further develop areas of interest. The internship preceptors and guest speakers assist in expanding this portion of the experience.

FOOD SERVICE ADMINISTRATION

DSH - Napa provides services to approximately 1150 patients daily by using a cook-chill production system. Interns gain hands-on experience with menu planning, large-scale food production and service methods, purchasing, personnel, management, and cost control techniques.

CLINICAL NUTRITION

Experiences include nutritional assessment, development and implementation of nutrition care plans, and individual and group counseling/education. The intern interacts with other health care professionals and is an active member of the interdisciplinary health care team. Clinical practice involves patients in both long-term care and acute care medical settings. The intern gains experience in medical nutrition therapy and nutrition support. Clinical experience includes areas such as diabetes, cardiology, renal, critical care, geriatrics, oncology and GI disorders. Interns prepare and present an oral case study, and other projects are assigned to reinforce nutrition principles in the clinical setting.

STAFF EXPERIENCE

The intern will be given the opportunity to work independently and use the skills and knowledge gained during the clinical rotation.

COMMUNITY NUTRITION

Experience will relate the role of the dietitian in administering nutritional care in the community and as a resource person for respective agencies and programs.

EDUCATION/MARKETING

The intern will receive didactic and practical experience in education and marketing. Practical experience includes researching topics of current interest in the field of nutrition and using social media to educate consumers.

ELECTIVES

Time is set aside at the end of the program year for interns to develop a rotation in individual area (s) of interest.

GENERAL INFORMATION/PROGRAM POLICIES

The internship program usually begins on August 1st and continues through June 30th.

Free housing is furnished on hospital grounds. Only interns are allowed to live in the on-site housing. No pets are allowed. All meals will be provided per site availability. A small educational stipend will be paid monthly.

Use of a private vehicle is required since transportation to off-site locations is the intern's responsibility. The affiliations are located within a sixty-mile radius of Napa and public transportation is not available. Carpooling cannot be depended on as a means of transportation since each intern's schedule is different.

Health insurance is highly recommended; however, it is not required nor provided. DSH-Napa employee's clinic and employee assistance program offer limited services and are available to the interns at no expense.

FINANCIAL ESTIMATES

Tuition	none
Stipend per month	approx. \$ 400.00 (subject to change)
Housing	provided at no charge
Meals	provided at no charge

ESTIMATED EXPENSES PER YEAR

Lab coat	\$ 30.00	
Academy membership	\$ 50.00	
Transportation	\$ 1,800.00	(does not include automobile upkeep & insurance)
Liability insurance	\$ 20.00	
CDA district membership	\$ 15.00	
Books, supplies	\$ 300.00	
Fees for meetings, conferences, etc.	\$ 300.00	
Cable internet service (on-site residence)	\$ 500.00	(depends on plan selected)
RD exam application fee (due by the end of the program)	\$ 200.00	(subject to change)

ELIGIBILITY REQUIREMENT FOR ADMISSION

- The student must possess a Baccalaureate Degree from an accredited college or university and meet requirements of an Academy of Nutrition and Dietetics accredited didactic program in Dietetics within the past five years.
- An original verification statement or “declaration of intent to complete degree” must be provided by the didactic program director prior to admission to the program. If the date on the DPD Verification Statement is more than 5 years prior to the start date of the internship, the applicant must take or have taken 9 credits in graduate level dietetics-related coursework within the last 5 years at a university with an approved DPD or coordinated program. At least one course in medical nutrition therapy is required.
- A G.P.A. of at least 3.0 in DPD professional and science courses is mandatory.
- Once selected, interns must pass a physical exam and background check prior to starting the program. A drug screen may be required for participation in some rotations. These services are provided by the hospital, free of charge, but will not be reimbursed to the intern if services are provided elsewhere.
- Once selected, interns must have vaccinations or blood titers for Mumps, Rubeola, Rubella, Varicella, Tetanus, Diphtheria, and Pertussis (Tdap), Hepatitis B, and Influenza (or declination), as well as a 2-step tuberculin skin test. These immunizations and titers are provided by the hospital, if needed, free of charge, but will not be reimbursed to the intern if services are provided elsewhere.
- Foreign students should contact the program for eligibility requirements.
- The program conducts phone interviews with its top candidates prior to the matching deadline.

COMPLETION REQUIREMENTS

In order to graduate from the program, the intern must successfully complete all planned supervised practice components and assignments within 17 months. This is measured by written performance appraisals which reflect at least the level of "meets standard" in all core competencies. When the intern successfully completes the Dietetic Internship Program, the Director will issue a signed Verification Statement and submit CDR eligibility for them to take the RD examination.

COMMENTS FROM PROGRAM GRADUATES

"The internship provides a well rounded experience of the Dietetics profession and the unique experience to work in mental health."

"There is a strong focus on making sure interns are getting the most out of the internship that they possibly can, including meeting their personal learning objectives."

"I gained a lot from going to various organizations and learning from the many different preceptors."

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

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**DEPARTMENT OF STATE HOSPITALS - NAPA
IS AN EQUAL OPPORTUNITY EMPLOYER**

APPLICATION INFORMATION

The program is using the on-line Dietetic Internship Centralized Application System (DICAS). DICAS can be contacted by email at DICASInfo@DICAS.org or at <https://portal.dicas.org>.

The program accepts applications for the spring match only. The on-line application must be completed no later than 11:59 p.m. Central Time on **February 15, 2016**. The fee to use DICAS is \$45 for the first application submitted and \$20 for each additional application.

The Department of State Hospitals - Napa Dietetic Internship Program requires the following information be provided by all applicants through the DICAS system:

- _____ Completed Dietetic Internship Program application. Your application will not be considered if your work and volunteer experiences are not included in the applicable section of the application. Applicants are encouraged to include all work and volunteer experiences, not just those that are nutrition-related.
- _____ Official transcripts from all colleges and universities attended.
- _____ Three professional letters of reference from individuals who know you well and can speak to your strengths and weaknesses.
- _____ Current resume or vitae.
- _____ Personal statement that addresses the questions outlined in the DICAS application.
- _____ Declaration of Intent to Complete Degree and Academy Minimum Academic Requirements **or** DPD Program Verification Statement.

Applicants must register and enter their Dietetic Internship priority choices online at www.dnndigital.com. There is a \$55 charge for computer matching that is due at the time the applicant registers. Address questions or inquiries to:

D & D Digital Systems
304 Main St., Suite 301
Ames, Iowa 50010-6148
(515) 292-0490 (phone)
(515) 663-9427 (fax)
E-mail: dnd@sigler.com
www.dnndigital.com

The program participates in the second round match only with candidates who were interviewed prior to the matching deadline.

The following supplemental internship application must be postmarked by February 15, 2016.

Department of State Hospitals - Napa
Dietetic Internship Program

SUPPLEMENTAL INTERNSHIP APPLICATION
2016

Applicant Name	
DICAS Number	
Address	
City, State, Zip Code	
Telephone Number (including Area Code)	
Primary Email Address	
Didactic Program (DPD)	

Enclose a check or money order for the non-refundable application fee of \$65, made payable to **Department of State Hospitals - Napa** and send to:

Dietetic Internship Director
Department of State Hospitals - Napa
Dietetics Department
2100 Napa Vallejo Highway
Napa, CA 94558

We do not recommend sending the supplemental application and application fee by certified or registered mail since this can slow processing time.